



## PATIENT INSTRUCTIONS

### Sample Collection of MIDSTREAM URINE for Culture

September 2017

#### ABOUT YOUR TEST

- Your healthcare professional has requested this test to check for the presence of a urinary tract infection
- If you have been prescribed antibiotic medication, please collect the urine sample **BEFORE** starting your antibiotics
- Before giving a sample you should, if possible, not have urinated for four hours.

#### BEFORE GIVING YOUR URINE SAMPLE

Clean around the urinary opening with toilet paper moistened with tap water.

MALES – draw back the foreskin and keep it retracted until the specimen is taken.

FEMALES – clean the genital area front to back, avoiding the anal area. Dry the area with a clean cloth or toilet paper.

#### SAMPLE COLLECTION

- Pass a small amount of urine into the toilet
- Half fill the plastic screw-top container with urine
- Screw the cap on firmly to avoid leakage
- Label the container with your full name, date of birth and date and time of collection
- Place the container into the delivery bag with the request form in the front pocket
- Keep your sample in a cool place and deliver as soon as possible to your nearest collection centre.
- If there is a delay of greater than 1 hour in delivering your specimen to the collection centre, please place the container in the fridge

#### CONTACT

If you require any further information regarding specimen collection or test procedure, please call the local laboratory :

Medlab Central, Palmerston North	(06) 952 3180
Medlab Hawkes Bay	(06) 835 8705
Medlab Wanganui	(06) 348 1270
TLab, Gisborne	(06) 869 0805