

Instructions for FINE NEEDLE ASPIRATIONS (FNA)

FNA Kit

1. Slide mailer containing 5 new slides
2. One pottle containing 10% formalin for needle washes

Cytospray is the fixative of choice for alcohol fixed slides and is available on request from the laboratory

Instructions

1. Clearly label the frosted end of the slides and the pottles with the patients first name, last name, date of birth and NHI number
2. Prime the Cytospray pump and test before taking the FNA. Place conveniently to be readily available for use
3. Perform the FNA
4. Prepare the slides, making sure that material is on the same side of the slide as the name:
 - a. Air Dried Slides Spread slide(s) and allow to dry
 - b. Alcohol / wet fixed slides
Fix them as they are made. Do not smear all the slides then go back and fix them. Ideally the slides should be sprayed within seconds of preparation
5. Spray a film of fixative over all the material and allow to dry before placing in the slide mailer for dispatch
6. Needle wash – rinse the barrel of the syringe and needle by gently aspirating some needle wash fluid into the barrel of the syringe and expressing the solution back into the pottle. This should be done several times to obtain as many cells as possible.

**N.B. Alcohol/ wet fixed, air dried slides and needle wash are complimentary specimens.
Their different methods of preparation increase the quality of the final result**

Detailed instructions are available on request
