



Patient Instructions for collection of FAECES

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1. Collect faeces either into a child's potty, or an empty ice-cream container or onto a 'raft' of toilet paper, or onto gladwrap over the toilet bowl.
 2. Using the plastic spoon from the screw-capped collection jar, put one large scoopful of faeces onto the jar. Screw the lid of jar tightly.

PLEASE DO NOT FILL THE JAR UP

3. Label the jar with your (patient) first name, last name, date of birth, doctors' name and the time and date you collected the sample.
4. Bring to the doctor's surgery or the laboratory as soon as possible. It is important to have a fresh specimen.
5. Do not produce more than one specimen in any 24 hour period.
6. If more than one specimen is required, these do not need to be collected on consecutive days. Only collect a sample on a day when you are able to get it to the laboratory or doctor's surgery.
7. Some tests may require that the sample be treated differently. Further instructions will be given if needed.

Samples for Reducing Substances and Elastase MUST be frozen immediately after collection and taken to the laboratory or doctor's surgery frozen on ice