

## Patient Instructions for the Collection of URINE - CYTOLOGY

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### REQUIREMENTS

Three morning specimens collected in equal quantities of 50% alcohol

**DO NOT DISCARD THE ALCOHOL**

The prepared pots are obtained from your nearest Medlab Collection Rooms

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### PREPARATION for FEMALES

Clean the whole genital/urinary area with a cloth and warm water, washing from front to back and avoiding the anal area

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### PROCEDURE

- On rising, first thing in the morning, empty the bladder  
**DO NOT collect this specimen**
  - Collect the specimen from the SECOND voiding of the day
  - Collect the FIRST part of the second voiding  
**DO NOT collect a mid stream urine**
  - Add the urine to one of the prepared containers so that the container is full
  - Label the container with your full first name, last name, date of birth and date and time of collection
  - Deliver the specimen, with request form, to the laboratory or Doctor's surgery as soon as possible. Refrigerate the specimen if a delay in transit is unavoidable
  - Repeat the procedure on two further mornings to make a total of three specimens.
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